

[View as Webpage](#)



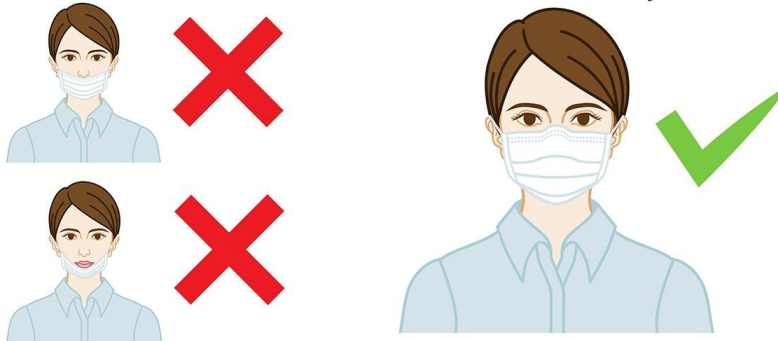
Cases of COVID-19 and flu are on the rise.
Protect yourself and others!

Wear Face Coverings Properly, Covering Nose, Mouth & Chin

- Face coverings must be worn for all indoor activities and in common areas (classrooms, event spaces and hallways), except when alone, such as in a private office or in college-sponsored housing.
- Face coverings are **strongly recommended** for all outdoor college-sponsored and student-sponsored events and gatherings, including athletic events. **The College reserves the right to require masks at outdoor events** where physical distancing of 6 feet is not possible and/or where there are more than 25 attendees.

Wearing your face covering properly at all times helps protect you and others.

Cover both nose and mouth fully.



Do not touch the outside of your face covering.

Get a Flu Shot

- Flu season has begun in Southeastern Connecticut! It's not too late to protect yourself with a flu shot. There is a limited amount of flu shots at Health & Wellness. Email healthservices@mitchell.edu or call 860-701-5195 to check on availability. Or find an off-campus location at [vaccines.gov](https://www.vaccines.gov).

Get a COVID-19 Vaccine

- If you haven't already, help reduce the risk of getting and spreading the virus by getting a COVID-19 vaccine.

Get a COVID-19 Booster

- The CDC recommends that everyone ages 18 and older should get a booster shot at least two months after their initial J&J vaccine or six months after completing their primary vaccination series of Pfizer-BioNTech or Moderna.

Find and schedule your flu or COVID-19 vaccine or COVID-19 booster at [vaccines.gov](https://www.vaccines.gov).

Plan Ahead

- We anticipate that for the academic year 2022-23, "fully vaccinated" will mean initial vaccination(s) plus booster(s). Be mindful of your own vaccination schedule and when you are eligible for a booster.

Watch your email for more information about the return to campus from winter break. Thank you for working together to keep our campus safe!

Questions? Contact CRTeam@mitchell.edu.

mitchell.edu

Mitchell College | 437 Pequot Avenue, New London, CT 06320

[Unsubscribe {recipient's email}](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by communications@mitchell.edu powered by



Try email marketing for free today!