



## **Children's Learning Center at Mitchell College Family Handbook 2022-23**

### **Our Mission:**

The Children's Learning Center at Mitchell College is an early childhood educational program that serves children, families, Mitchell College students and faculty, as well as the community. We provide multiple opportunities to address a family's need for quality education. Emphasis is placed on family involvement, creating a link between the home and school, and ensuring that family members are actively involved in their child's early educational experience. As a laboratory school, the Children's Learning Center guides Mitchell College students to achieve their educational and professional goals through diverse and challenging internships.

### **Our Vision:**

Our vision is to work together to build a safe, respectful and nurturing environment focused on maximizing each child's sense of wellbeing, and acquisition of skills for life and learning through the exploration of their natural environment.

### **Our Staff:**

The main component of sound, quality child care is the trained, sensitive adult who is the caregiver. We carefully select staff educated in early childhood development who value, respect and sensitively respond to the unique needs of children. The CLC provides a variety of in-service workshops and requires teachers and staff to attend various conferences relevant to working with children and families. These trainings are planned to support our Center's mission and teaching philosophy and enhance professional development and expertise. Additionally, all staff are regularly trained in CPR and first aid.

### **Quality Standards:**

The CLC is licensed by the Connecticut Office of Early Childhood and is held to the child care licensing regulations put forth statewide. We actively participate in Quality Enhancement Grants for SECT (Southeastern CT) and we are accredited by the National Association for the Education of Young Children (NAEYC). To maintain a quality program, we rely on parents to complete program evaluations and use the results to continuously improve the program. Our families' ongoing support and suggestions are always welcome and appreciated.

### **Confidentiality Policy:**

A child's records are open to the director, teachers, consulting staff, state inspectors, accreditation team and the child's parents or guardians. Children's files are secured in a locked cabinet in the office. Parents must sign a written authorization to release records to anyone other than those parties listed above. At all times, staff are held to the highest standards regarding confidentiality with and among families, students, and when out in the public.

### **Non-Discrimination Statement:**

In accordance with state family child care licensing regulations, child care services are available without discrimination on the basis are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity.

### **Attendance:**

The CLC is open from 7:00 AM until 5:00 PM, Monday through Friday, 50 weeks per year. Children are encouraged to attend the CLC on a regular basis in accordance with the days and times scheduled, or as noted in their contract. Tuition fees must be paid regardless of attendance. Each child is encouraged to arrive at the CLC by 9:00 AM to facilitate optimal routines each day. If your child will be late or absent, please contact your classroom teacher. Birch @860-405-7148; Hickory @860-405-7148; Oak @860-222-4480. You can also reach out to the director at 860-701-5348.

### **Enrollment:**

- Registration is open-enrollment and availability to all children regardless of diverse racial, ethnic and economic backgrounds.
- Our program serves preschool children ages 3 to 5 and school-age children up to age 9 during the summer and school vacations.
- Children must be toilet trained.
- Enrollment priority is given to current students, their siblings and alumni families.
- When registration takes place, applications are taken on a first-come, first-served basis.
- There is a supply fee for each child. All applicants, regardless of entry date, will be charged the full fee for supplies.

PLEASE NOTE: On occasion, a program is not an optimal fit for a child or family. The CLC is a program that will make every effort to work collaboratively with families to resolve any challenges that arise. Additional resources may need to be used to support a child's success in the school environment. If, after all reasonable efforts are exhausted, and a problem cannot be resolved, the CLC reserves the right to dismiss a child from the program.

Required Forms for Enrollment: (These forms must be on file before a child attends.)

1. Registration Documents
2. Medical forms with current immunizations. This includes an annual flu shot administered no later than December 31<sup>st</sup> of that school year.
3. Emergency Contact(s)
4. Authorized Medical Services Form
5. CLC Parent Signature Page with Enrollment Agreement testifying that the family Handbook has been read
6. Child Questionnaire Intake form
7. Financial Aid Form
8. Medication Authorization Form (if applicable)

### **Arrival and Departure Procedures:**

- Please remember to log your child in and out every day as you escort him or her to and from the Center. Signing in and out is required by the Connecticut State Department of Health for the purposes of attendance, staffing, and safety.
- Each child must be accompanied out of the CLC by a parent or guardian. Please inform a teacher of your departure. Linger or “hanging out” can complicate a child’s departure. Often during transitions, children do not know who is in charge, their parent or their teacher.
- Special conditions: If we determine a parent, guardian, or authorized person is not mentally or physically capable of taking custody of a child, we will contact the following persons in this sequence: spouse, (if applicable), individuals listed on your child’s Authorized Release Form; New London Police Department; Connecticut Department of Child and Family.
- For the safety and health of the children under our care, never leave your car running (even in the colder months) in the parking lot while you drop off or pick up your child.
- Please do not leave either keys or children in your car when either dropping-off or picking-up your child.

### **Beginning on a Positive Note:**

When you arrive at the Center, please let the teacher know that your child is here. If your child senses that you are excited and anticipate a good day, he or she will look forward to preschool. Some children are more hesitant, other children are quick to say goodbye. Every child should begin his or her day on a positive note. Try to read your child’s cues.

At one time or another, most children go through a stage of tearful goodbyes. We will help you to separate in a clear, loving, and consistent manner. In most cases, after the parent is out of sight the child recovers quickly and the separation is actually more difficult for the parent. Some children demonstrate challenging goodbyes at the beginning of the year, while others wait a month or two to feel comfortable enough to

show their sadness. The National Association of Educators for Young Children (NAEYC) reminds us that, “separation is a lifelong process.”

Helpful Hints:

- Say goodbye with a hug or a kiss, but don't insist upon it from your child.
- Be cheerful. If you look sad or worried, your child may wonder why and feel less secure.
- Tell your child when you will be back (i.e., after rest, after snack etc.).
- Establish a routine time for drop-off and pick-up.
- If you need reassurance after a tearful goodbye, call the CLC later in the morning. You'll feel better knowing your child has adjusted and is busy playing.

**Communication:**

Open communication between parents and staff is essential. Feel free to speak briefly to your child's teachers when you drop-off or pick-up your child. Longer conversations can be arranged via private meetings and/or phone calls. If you have concerns, please discuss them with your child's teacher(s). If further input is needed, the director will facilitate discussions and work with staff and parents to brainstorm solutions. In addition, we will keep you informed in the following ways:

1. You will receive a weekly newsletter from your classroom teacher describing the children's week and their activities.
2. The Parent Information Board has news and topics of interest for families.
3. You will receive emails periodically about community events.
4. Family orientation conferences are scheduled in the fall to set goals for your child and in the spring, conferences are planned to discuss your child's development during the year. You will be offered an optional end of the year conference to address any concerns or observations you may have. Additional conferences may be scheduled at your request or at the request of the teacher or director.
5. Learning experience plans for each week are posted on the Parent Information Board and available via email and website. They describe the planned activities and on-going projects for the week.
6. Each day a teacher posts a synopsis of the day's activities.

Other options for communication include brief notes or emails to share with teachers, comments or conversations your child is having at home regarding school. To respect everyone's privacy, please refrain from having in-depth conversations with the teachers during drop-offs or pick-ups. The teachers would be glad to schedule a time to meet or speak on the phone/zoom. We strive to support non-English speaking families by working with community members to provide translation services.

### Changes in Contact Information:

If the contact information you provided the CLC changes, please notify the staff immediately. The teachers need this information to reach you in the event of an emergency. Teachers also use this information to communicate with you. Your cooperation in this important matter is greatly appreciated.

### Late Pick Ups:

Because child/staff ratios must be maintained during all hours of operation, please make every effort to pick up your child on time. In the event of an emergency, if you are unable to pick up your child, please contact the CLC as soon as possible and make other arrangements for your child to be picked up. A late fee of \$1.00 per minute will be charged for any additional time your child spends at the CLC. Late fees will be added to your tuition account. Late pick-ups upset some children and create additional responsibilities for teachers. Chronic late pick-up may result in your child's dismissal from the CLC or a \$10 per hour/per day fee added to your tuition account.

### **Half-day Pick-up by 1:00pm**

If your child is enrolled in the half-day program, pick-up time is 1:00pm.

### **Preschool Day Pick-up is 4:00 PM**

If your child attends the preschool day program, pick-up time is 4:00pm.

The Children's Learning Center closes promptly at 5:00pm.

### **Procedures for Late Pick-up:**

1. If a parent has not arrived at the CLC by 5:05 PM for the full-day session, or 1:05pm for the half-day session, and there has been no call informing the CLC of the emergency, a staff member will call the parent. If the parent cannot be reached, the emergency pick-up contact will be called.
2. Two staff members must stay on site with your child.
3. If parents and emergency contacts cannot be reached, and the child is at the CLC at 5:20pm, 1:25pm, the Director will be notified.
4. After contacting the Director, the New London Police Department will be called.
5. After the police have been contacted, the Connecticut Department of Child and Family Services will be called.
6. **Notifying the CLC that you are going to be late does not excuse you from paying late charges.**

### **Authorized Person(s) Picking up Your Child:**

At any time, if a person the staff doesn't recognize enters the building to pick up a child, they will be asked for photo identification. When an authorized person from your registration form comes to pick up your child, they must provide the staff with photo identification, be at least 18 years of age, and have proper car seat restraint. At no time may an unauthorized person pick up your child; in cases of emergencies, families may email and follow-up with a phone call to confirm a new authorized person.

### Financial Information:

Our tuition schedule has been established to provide your child with the best possible care at the most reasonable price. A nonrefundable fee of \$50 is due with your registration form. A one-week tuition deposit is due one month prior to your start date. A materials fee of \$40 is required to be paid annually within the first month of school. For children who enroll later in the year, the materials fee will be prorated. This materials fee covers some of the cost of art materials, classroom basics, tissues, baggies, and enrichment activities throughout the year.

### Policies for Student Accounts:

- Tuition is due **the Thursday before the week the student is attending.**
- Any payments received after that Thursday may be assessed a late fee of \$25.
- After two weeks of non-payment, the parents/guardians should meet to discuss the child's continuation in the program. When a family experiences hardship they should meet with the director to plan a payment schedule to bring their account current. If a family doesn't keep to that payment schedule, they may be asked to leave the program.
- Failure to meet will result in withdrawal from the program.
- Our budget is established for tuition to be charged by the week and includes all days regardless of attendance or holidays.
- Accounts with payments returned for any reason, including credit card and debit card payments, will be assessed a \$35 charge per occurrence.
- Recurring returned payments may require that payments be made by check.
- Tuition is not reduced for illness, vacations, holidays, center closings or other withdrawals unless arrangements are made per the guidelines. See sick/vacation policy for details.
- If a student is withdrawn, it is the parents' responsibility to submit a written notice 2 weeks prior to their child's withdrawal from the center.
- Without advanced notification parents will be expected to pay the contracted fees for their student.
- All families are asked to fill out our income data form; this form is only used for School Readiness consideration purposes.

### Making Tuition Payment:

As we approach your child's start date, you will receive an email from the Director with billing information. Billing takes place online through **Brightwheel**. If you enroll in Brightwheel autopay, your credit card or bank account will automatically be charged weekly. As of the Thursday prior to your child's first day, your child will have an active student account that may be accessed via the Brightwheel App. and tuition will be automatically billed on a weekly basis. If you choose not to autopay, you will need to login and make a payment via electronic check, debit or credit card on or before Thursday each week. If you have questions about a payment or tuition, the preschool staff may be able to help you; any questions or concerns that may arise should be directed to the Director. *\*If you are experiencing temporary financial difficulties,*

*please see the Director before tuition is due and we will attempt to work out a payment schedule. **All financial matters are kept confidential.***

#### Subsidy Program:

If your child care is paid in part by a government or community agency, please be advised that registration fees and late fees are not covered by tuition assistance payments. Families may apply to the Care4Kids program if they are income eligible and meet all the requirements determined by the Connecticut Department of Social Services. The CLC will help in filling out the necessary paperwork for eligible families. Families are responsible for making tuition payments, based on the income form data, until Care4Kids becomes active and approved. The CLC is also an approved New London School Readiness program; for 6 full day/full year preschool spaces and 1 school day/school year spaces. Tuition for these spaces is based on the current State Department of Education Child Day Care (CDC) and School Readiness sliding scale fee. After families fill out the financial forms, their family may be eligible to receive tuition at a discounted rate. Approved families are required to discuss any changes to their employment or eligibility with the Director within 2 weeks of the change.

Upon enrollment, and every six months, thereafter, all families are asked to update their financial aid form and, when necessary, provide supporting documentation (one month's worth of pay-stubs) to show continued eligibility for tuition assistance. Failure to return the necessary documentation may lead to the loss of assistance and/or enrollment. After the review of updated financial forms and needed documentation, the Program Director will calculate the fee and provide a Tuition Agreement that both the parent/guardian and the Program Director signs. The parent/guardian receives a copy and the original is attached to the determination/redetermination packet in the child's file. Fee calculation is reviewed with families. All families who are eligible for assistance will have money available to them at the time of their eligibility, based on availability of funds. Should funds not be available, eligible families will be put on a waiting list and, once funds become available, receive assistance in the order in which they enrolled. Families will retain tuition assistance for as long as they remain eligible, based on the Department of Social Services Family contribution equations or rates and the School Readiness Sliding Fee Scale.

#### Tuition and Fees:

- Full-Day Preschool Classroom: \$250
- Half-Day Program Classroom: \$175
- Before-and-After School Program: BEFORE 8:00am: \$10 | AFTER 4:00pm: \$10
- Summer Camp Program: Same as school year program
- Additional fee per week for a child who is not fully potty-trained: \$10

#### Withdrawals:

We require 2 weeks advance notice, in writing, of your child's withdrawal from the program. This provides an opportunity to notify another family of the opening. Our CLC reserves the right to dismiss a child from

the program if tuition obligations are not met, or it is determined that the child is not adjusting to the program. We will make every effort to assist a child needing an alternative placement.

#### Tuition Charge Policy:

Each family will be charged for the weeks/date they have decided to enroll until. Full pay families will not be charged tuition for the week of Christmas, two teacher professional development days, and three days prior to the new school year, late August. Please refer to the current Children's Learning Center calendar for current dates.

#### Our Curriculum:

The Children's Learning Center at Mitchell College has a curriculum nested in its environmentally rich surroundings. Based on principles that make children partners in the learning process, the curriculum is driven by each child's unique curiosity.

Our focus incorporates the Reggio Emilia approach to learning; this inspired way of teaching was originated in Italy and has a strong belief that the classroom environment is shaped by the children's interests, the community, and the value of learning hands-on:

- All children have potential and curiosity.
- Children have interest in relationships, in constructing their own learning and in negotiating with everything the environment brings to them.
- Children should be considered as active citizens with rights, as contributing members, with their families, of their local community.

Our methods are built on these principles:

- The Mitchell College Early Learning Center will bring the environment into the classroom through experiences with the surrounding woods, pond, and beach.
- Our teachers and children will guide their own learning by integrating curiosity and rich materials with natural possibilities as they observe and listen to each other's needs.
- Teachers use their understanding of best classroom practices to ask questions and thus discover the children's ideas, hypotheses, and theories.
- The families, children, and teachers will work together as a partnership in the process of learning.

Teachers are expected to design a developmentally appropriate curriculum based on the interests of children and staff through the principles and focus described above. The CLC uses an emergent curriculum approach to learning. Team planning for curriculum is required weekly to provide the best possible outcome. Materials, equipment, and furnishings selected must reflect curriculum and program goals for children. Lesson plans must be posted each week but are encouraged to have a monthly focus or project the children are working on.

In order to meet nutrition and exercise a guideline, the following policies are to be followed and reflected in your curriculum plans and lesson:



- Each classroom will prepare one snack and/or nutrition activity weekly.
- Children will have a minimum of 60 minutes of physical activity (Raising the heart rate) daily for full-time children and 30 minutes for morning only children.
- Snack menus will be designed and posted monthly. Parent involvement is encouraged and suggestions are welcomed.

Staff are expected to record daily events for each child through an appropriate form of documentation. This could be photographs, journal reflections, teacher notes, and work samples. Observations and projects must be tied to the CTElds. Teachers should work to select standards as the first step in intentional teaching to plan your curriculum focus. Anecdotal charts and naturalistic observations are key to better understanding the children in the classroom. When indicated, teachers will work with the Director and families to make referrals for further evaluation work with specialists to implement IEP's. When requested by families, teachers may attend a PPT to provide input and support families.

#### Walking Fieldtrips:

On a regular weekly basis, the preschool will plan and execute walking fieldtrips to the Mitchell beach, Mitchell woods, or fishpond. Teaching staff are required to bring a first aid kit, necessary medications, and the classroom cell phone. Staff must notify the Director (860-701-5348) or Education Department (860-701-5015) upon departure and arrival to and from the CLC. Children are encouraged to bring their reflective journals and collecting bags on walks.

#### Technology in the Classroom:

The use of appropriate technology with the children is supported by the curriculum. An iPad and cameras are considered learning tools; teachers are encouraged to apply this type of technology to everyday experiences with the children. Children are seen as capable learners; cameras should be an everyday tool at their disposal.

#### Conferences:

Teachers will keep individual child portfolios for each child in the program. A portfolio checklist is available within the curriculum guide. Teachers will plan conferences with families 2 to 3 times a year to communicate standards, work samples and goal planning.

#### Our Disciplinary Approach:

To ensure a safe and secure atmosphere for children, the Children's Learning Center at Mitchell College has a detailed discipline policy. Please feel free to speak to the Director if you have any questions about this policy.

The CLC is dedicated to helping children learn appropriate social skills. All children will require correction and guidance from time to time.

- Staff will use positive guidance techniques to direct a child to acceptable behavior.
- Repeated behavior may require asking the child to leave the area where they are playing.

- Following aggression toward another student, staff will help the child to gain control and to articulate why they might be having a difficult time.
- When appropriate, parents will be notified of aggressive acts by or against their child.
- Removal of physical activity will not be used as a consequence for behaviors.
- If necessary, a behavior plan will be developed with families to help children develop appropriate actions while at school.
- A consultant/behavior specialist may be consulted to support staff and families to meet the needs of our children.
- Biting: Although biting can be a normal developmental behavior for young children, it may also present a risk. Therefore, in instances involving biting, the following will occur:
  - The Director will be notified to determine whether a medical consultation is required.
  - The parents of a child who bites will be notified.
  - If the bite results in broken skin, the parent(s) will be advised that a subsequent bite where the skin is broken will result in the child's removal from the program until the biting behavior ceases.
  - If the bite results in broken skin, the parents of the child who was bitten will be notified.

### **Toys from Home:**

We realize that children like to share their toys or favorite things from home. At the CLC we ask that toys stay home, unless asked for by the teacher for a project or special activity. Toys from home can be a distraction to the program and may not coincide with our learning and teaching philosophy. They are, however, allowed to bring a lovey that can keep them company during rest time and will be returned to the rest bag once that is over.

### **Clothing:**

The best clothes for your child's school day are easy fitting and assure independence. Play clothes should be comfortable, washable, and appropriate for the weather conditions of the day. Too many buttons, belts, or tight-fitting jeans or pants takes away from practicing their independence. Outside is an integral part of the children's day. That includes rain or shine. We will provide you with a seasonal gear list as we get closer to the start of school. Please provide two sets of clothing **labeled** with your child's name in a bag. Please have a "wet bag" for us to send any soiled clothing home for laundering.

### **Special Services/Referral Process:**

If parents and/or teachers have developmental concerns, the screening and observation results may be shared with specialists for further evaluation and consultation to promote age-appropriate development. We may recommend that you contact your pediatrician or public school for a more thorough examination. At times we have found that children and families may benefit from additional services such as physical therapy, speech therapy, social work referrals, neurological testing, or counseling. Referrals for these services will be made with parental consent. Whenever possible, when connecting families to services, the family's home language will be used, and cultural needs will be respected. Our program will make the

referral and follow up to ensure that requested services take place. Confidentiality is protected at all times when requesting outside services.

## Health & Safety

### Health Records:

Children need to be in good health in order to get the most out of their school day. All children must have a current health assessment and emergency contact information on file before they begin our program. Annual physicals and up-to-date immunizations are required by the Connecticut Department of Health. When a child is overdue for any routine health services, parents, guardians, or both provide evidence of an appointment for those services.

### Religious Exemption Policy:

If a child is under-immunized, due to a medical condition or the family's beliefs, the family must complete the appropriate documentation and submit it to the classroom teacher. If a vaccine-preventable disease occurs in the program, any under-immunized child must promptly be excluded until the outbreak clears.

### Overall Health and Well-being:

Please do not bring your child to the CLC if s/he cannot fully participate in the indoor and outdoor portions of our day. Children with colds (who are mildly ill) may attend if there is no associated fever or decreased activity. To prevent the spread of illness, children are reminded to wash their hands frequently, including upon arrival, after toileting, before eating and before participating in play dough and water/sand play indoors with peers. To support wellness, we discuss health concerns with our health and/or dental consultants.

The program director is available to assist families in securing medical insurance and finding a doctor. Our nurse consultant provides on-site annual vision, hearing, and dental screenings.

### Infectious Diseases:

To reduce the spread of illness, please keep your child home if they exhibit the following symptoms:

- Vomiting and/or diarrhea—Your child may return to the CLC 24 hours after all symptoms have passed.
- Runny nose with green or yellow discharge or associated with fever or cough with mucous secretion. Any discharge, other than clear, is usually a sign of infection.
- Fever of 100° F or above—Children may return to the CLC after being free of fever for 24 hours without fever reducing medication.
- Conjunctivitis or pink eye—Children with red, itchy, draining or crusty eyes may have conjunctivitis. Please consult your physician. Children may return to the CLC after 24 hours of successful antibiotic therapy.

- Rashes or skin conditions such as poison oak, impetigo or contagious cold sores: A physician should examine unusual rashes. If the rash is communicable, written MD clearance is needed before the child may return to the Center. Children with non-communicable rashes may return to the CLC after sores are crusted over and dried.
- Chicken Pox—Children with chicken pox may exhibit the symptoms of low fever, rash, blisters, scabs and malaise. Children may return to the CLC after sores are crusted over and dried. We are required to report cases of chicken pox to the Connecticut State Department of Health.
- Lice/Hair infestations—Children may return to the CLC after receiving a specified shampoo treatment and all signs of eggs are gone. Receipt of treatment product needed before child may return to the Center.
- Other—If the Director or the State Health Department determines that it is inappropriate for the child to be at the Center.

If your child becomes ill or injured while at the Center, you will be notified. If you cannot be reached, we will call an emergency contact listed on your enrollment form. To prevent the spread of infectious disease, it is important that you pick up your child as soon as possible. State licensing mandates that we isolate ill or contagious children from group care. Sick children will be cared for in a quiet area at the CLC until they are picked up.

Please let us know if your child contracts a contagious disease; we will inform the families in your child's class.

### **Handwashing Policy and Procedures:**

Preschool staff follow universal precautions/standard precautions include the following:

#### Hand Washing

- Before and after feeding a child
- Before and after administering medication
- After handling garbage
- After diapering or toileting children
- After handling body fluids of any kind
- Before and after giving first aid (such as cleaning cuts and scratches or bloody noses)
- After cleaning up spills or objects contaminated with body fluids
- After taking off your disposable gloves
- Remember that wearing gloves does not mean that you don't have to wash your hands!

#### Non-Latex Gloves Should be Worn

- During contact with blood or body fluids which contain blood (such as vomit or feces which contain blood you can see)
- When individuals have cuts, scratches or rashes which cause breaks in the skin of their hands.

Environmental sanitizing should be done regularly and as needed. In the child care setting this means cleaning toys, surfaces and diapering areas with a bleach solution (1 tablespoon of bleach per quart of water made fresh daily). Blood spills or objects with blood on them need a stronger solution of ¼ cup bleach to 2½ cups water. (Donowitz, 1999). Wear gloves when handling blood.

Proper disposal of materials that are soaked in or caked with blood requires double bagging in plastic bags that are securely tied. Send these items home with the child, or if you wash them, wash them separately from other items. Items used for procedures on children with special needs (such as lancets for finger sticks, or syringes for injections given by parents) require a special container for safe disposal. Parents can provide what is called a “sharps container” which safely stores the lancets or needles until the parent can take them home for disposal.

### **Toilet Training and Diapering Policy:**

On occasion, children are not fully toilet trained at the start of the year. If your child is working on independent toileting, please provide pull-ups. Children not fully toilet trained will be checked regularly (at least every 2 hours) and after nap, encouraged to sit on the toilet, and will be helped to change themselves as needed, following the posted diapering procedure posted in the children’s bathroom. Children needing assistance in the bathroom is part of development and self-help skills; children will be encouraged to try on their own.

### **Medication Administration:**

The Children’s Learning Center will store and administer prescribed inhalers and Epi-pens, non-prescription topical medications, and EMERGENCY oral medications (i.e., Benadryl) with parent’s consent. An authorization form, which must be signed by doctor and parent, is available at the Center.

The form includes information such as:

- Child’s name, address and birthdate
- Name of drug
- Prescribed dosage
- Method of administration
- Time to be administered
- Possible side effects
- Prescriber’s name and address

All medications must be in their original container and clearly labeled with the child’s name and directions for use. Except for non-prescription medications and pre-filled injectable, (i.e., EpiPens) all medications will be stored in a locked container and, if directed by a manufacturer, refrigerated. Controlled medications will be double locked. Non-prescription topical medications and pre-filled commercially prepared injectable medications will be stored away from food and inaccessible to children.

The Center will keep accurate documentation of all medications administered. Included in the documentation are:

- Date the medication was administered
- Time it was administered
- Dose administered
- Signature of the staff person administering
- Comments

Staff are trained in the administration of medication by our nurse consultant. This training is renewed every three years. Training for injectables is repeated once per year. At all times, at least one staff person will be in the building who holds a current medication administration certificate.

#### **Allergy Management:**

An allergy management plan will be followed for children who have allergies that affect their health. A physician's order must be on record to provide the necessary care. Allergy management forms are available in the office and must be completed before your child attends school.

#### **Outdoor Activities and Rain Play:**

Children will have a minimum of 60 minutes of physical activity (raising the heart rate) daily for full time children and 30 minutes for morning only children. Outside play will take place unless temperatures fall below 20 degrees. To protect against cold during winter months, we request that each child come to school with snow pants, boots, mittens/gloves, winter coat and hat.

Children often take walking fieldtrips around the Mitchell College campus. Our staff carries a well-supplied first aid kit, cell phone in case of emergencies, and Campus Safety is notified. When smog or air pollution levels are reported to be unhealthy, outside time will be limited. Alternate movement activities will be planned. Within our curriculum rain play is expected; each child should have a pair of rain boots stored in their cubby. Rain pants are strongly recommended.

#### **Footwear and Extra Clothing:**

Rubber-soled slippers are requested so children may change out of their outdoor shoes; this helps keep our classroom clean and your child's feet dry in the winter months. Rain boots are expected; a pair may be purchased and stored in your child's cubby. All children must have at least 2 spare outfits stored in their extra clothes bin. Staff will request items as needed with use and weather changes.

### **Sunscreen and Bug Repellant:**

Our natural environment provides ample shaded play areas. Regardless, on hot sunny days we recommend that children wear sun-protective clothing and that parents apply sunscreen and/or bug repellant each morning. The National Association for the Education of Young Children (NAEYC) recommends either sunscreen or sun block with UVB and UVA protection of SPF 15 or higher. With written parental permission, our staff will reapply sunscreen and/or insect repellent each afternoon.

### **Afternoon Rest Time:**

For children in the full day preschool program, adequate rest and/or quiet time are necessary. A cot/mat is provided by the CLC for your child and will be disinfected and cleaned weekly, or more often if necessary. Please bring a small blanket labelled with your child's name and take it home weekly for laundering. A cuddly toy is comforting for those who like to hold onto a familiar object at rest time. In accordance with state law and the National Association for the Education of Young Children (NAEYC) program standards, all children attending full-day programs must rest for a period of time.

### **Environmental Hazards:**

To ensure your child's health and well-being, our CLC follows State of CT Dept. of Health guidelines, including testing for environmental hazards.

### **Nutrition:**

Due to the increasing number of children with severe peanut allergies, the Children's Learning Center is a "peanut-free" facility.

We follow the guidelines recommended by Eat Smart Grow Healthy Program:

- Food is not used as a reward or punishment.
- Unless there are extenuating circumstances, food is offered at routinely scheduled times to promote good eating habits.
- Staff model appropriate eating habits and behaviors.
- Water and milk are the primary drinks offered with a snack and lunch.
- Classrooms will prepare one snack and/or nutrition activity weekly.
- To prevent choking, children under the age of four will not be served hot dogs, whole grapes, popcorn, chunks of carrots or hard pretzels.

The CLC provides two healthy snacks daily, one in the morning and one in the afternoon. The snack menu is posted in the kitchen and parent's information board at the front entrance. Upon request we will provide you with a copy of the snack menu each month via email.

### **Lunches:**

Lunches are provided by parents or guardians. Please put your child's name on their lunch; any storage container should also have their name on it for clear identification. Children typically will bring a sandwich, a piece of fruit, yogurt, roll-ups, pasta, or any combination of the above. Ideally lunches should contain 3

to 4 food groups. If the food in your children’s lunchbox requires refrigeration, it MUST have an icepack in the lunchbox; we will not allow lunchboxes in the refrigerator. If an item in your child’s lunch needs to be heated at lunchtime, it should be placed in the appropriate basket in the kitchen refrigerator with your child’s name clearly marked. **No gum, soda, sweets or candy, chocolate, juice bottles or peanuts please.** Teachers will inform parents of their child’s eating habits when necessary.

**Outside Food:**

The Children’s Learning Center is a peanut-free facility. All outside food must be labeled and provide a list of ingredients. Our philosophy strongly encourages family involvement and healthy eating. We welcome healthy store-bought options or homemade items with specific ingredient lists attached.

**Candy/Sugary Sweets Policy:**

To uphold the Children’s Learning Center’s philosophy to provide and administer nutritional snacks and foods, and to be respectful of different family values, cultures, and children’s sensitivities, candy is to remain at home. If candy comes to school, it will not be distributed but instead will be sent back home. During times where children may want to share something with their peers, we welcome items such as nature’s treasures, handmade gifts, stickers, etc. as alternatives. This policy does include holidays.

**Accident Reports:**

Although many precautions are taken to ensure a safe environment, occasionally accidents do occur. If an injury does occur, first aid is administered, and you will be informed either by telephone or at pick-up time. The staff completes an accident report which we keep on file at the CLC. Parents are asked to sign the accident report to assure that you were notified. Periodically, both our Director and our nurse consultant review our accident reports to identify any persistent safety challenges.

**Severe Weather Closure Procedure:**

We will make every effort to remain open on severe weather days. However, if the CLC needs to close for the safety of the children, their families and our staff, it will be announced posted on the Mitchell College Website and Facebook. There may also be a notification on local radio stations; we will follow Mitchell College’s closings, delays and early dismissals.

WFSB Channel 3	Q105 105.5 FM	WTYD 100.9 FM
WTNH Channel 8	WBMW 106.5 FM	WNLC 98.7 FM
WVIT Channel 30	WKDC 107.7 FM	WCTY 97.7 FM

In the event of severe weather, which begins in the middle of the day, the CLC will close when Mitchell College closes. In this instance, parents will be notified by phone. If a parent cannot be reached, an emergency contact will be called.

**Smoking and Firearms:**

Smoking and/or firearms are prohibited on the Mitchell College campus.



## **Family Involvement:**

### **Family Advisory:**

We strongly encourage our families to take part in our classrooms and programs. Parents are invited to share their ideas for enriching the environment and programs. The Director approves all mailings and emails sent to families.

If interested, parents may actively take part in serving the CLC in the following ways:

- Planning monthly family fun events
- Coordinating community service projects
- Arranging teacher appreciation activities
- Organizing fund raising activities
- Planning enrichment activities for our children

### **Family Engagement Nights:**

Throughout the year, the CLC will coordinate educational programs and family involvement activities. Please see the CLC calendar for planned dates. The teaching staff will brainstorm topics with the Director and assist in planning all educational programs; family input is always accepted. In the spring and late summer of each year, the CLC provides support to children and their families as they transition to kindergarten.

### **Participating in the Classroom:**

We have an open-door policy stating that parents are always welcome in our Center. Family involvement is an integral and valued part of our program. Please join us at lunchtime, for cultural activities, literacy events and family education programs.

If you would like to volunteer your time and/or talents, please let us know. If you are interested in becoming a substitute teacher or volunteering on a regular basis, please see your classroom teacher.

### **Birthdays:**

Birthdays are special to children. If you wish to celebrate your child's birthday in the classroom, please make arrangements with your child's teacher. There are many ways to celebrate your child's birthday. You can:

- donate a book to the CLC in your child's name
- bring in a photo board of your child when s/he was born
- tell a special story about your child

If you plan to spend time in your child's classroom please speak to your child's teacher one week prior to their birth date. Birthdays are a special day. You are welcome to bring along a healthful (i.e., muffins, favorite fruit, oatmeal cookies, fruit bread, mini-bagels and cream cheese, gingerbread, etc...) snack for the class in honor of your child's birthday.

### **Holidays:**

The CLC will be closed in recognition of various holidays throughout the year. Please refer to your calendar. At the Children's Learning Center we are mindful of celebrating holidays such as Halloween, Thanksgiving, Valentine's Day and religious events. Instead, families are encouraged to share their family traditions with teachers and children in the classroom. Please speak with your child's teacher to schedule a time to share your traditions with your child's class or discuss the option of celebrating holidays.

### **Transition to Kindergarten:**

The following is a list of ideas generated through the National Association for the Education of Young Children. Our teachers help with this transition and offer guidance to families.

- Talk with the children about their feelings about the change. Share your feelings, too. Children should have many opportunities to talk about their fears and concerns. It is okay to say you will miss them and that you are also proud they are growing up and moving on.
  - Write and illustrate a class book about children's and teachers' feelings about going to kindergarten.
- Invite a kindergarten teacher to visit your program to explain what happens in kindergarten and answer questions. Prepare the children beforehand. If you have not done so yet, introduce the K-W-L format (what we know, what we want to know, what we have learned).
  - Make a list of the children's ideas about what kindergarten is like.
- Support the children who are going to different schools. Ask parents to take photographs of the school the children will attend and share them with the class. Use them to lead a discussion about what to expect.
  - Make a bulletin board about kindergarten using all the photographs and comments from the children.

### **For Families:**

In addition to these ideas for easing the children's transition to their new classroom, we also have some suggestions to help families. It is our role as early childhood educators to help families understand what kindergarten readiness really means. Children who are ready for kindergarten can take care of personal needs such as hand washing and going to the bathroom. They have the motor skills needed for activities requiring coordination and balance, such as bike riding, skipping or participating in team sports. They have developed the small muscle coordination needed to hold and write with a pencil or other tool. In addition, they can regulate their own behavior and express their feelings with words, and can learn math, reading and other academic skills at the kindergarten level.

### **Supporting Learning at Home:**

Most families already do activities at home that support their children's experiences and learning in our program. However, it is always helpful to provide reminders of some of the simple tasks that water the seeds of lifelong learning. We encourage you to

- Read to your child every day
- Provide crayons for drawing and scissors for cutting

- Do playful number activities such as counting, telling the number before and after a quantity, and telling how much you have when there is one more or one less than a quantity
- Offer markers, Legos, and other small manipulatives to support development of your child’s grasp and fine motor coordination
- Give your child opportunities to make decisions and smart choices
- Institute early bedtimes and provide healthy meals

**Reaching Out:**

We are here to help support our families. We will remind of kindergarten orientations and open house dates in our area. Families can support kindergarten transition activities with your child. You can

- Attend an open house in the fall (many schools have these)
- Attend orientation in the spring
- Visit the school and meet the kindergarten teacher
- Shop for school supplies (teachers typically provide a list)

**Communication Between Teachers:**

In addition to thinking about our children and families, it is also good for our preschool and local kindergarten teachers to network, share information, and do joint planning. In some locations, there are kindergarten discussion groups in which preschool, kindergarten, and first grade teachers get together to talk about common issues. This networking shows families that teachers are working together to ensure all children learn and make progress toward achieving early learning standards. It is reassuring to families to know that if children are ready to enter kindergarten, they will also be able to meet kindergarten standards throughout the year.

**Services for Families:**

Supporting the whole family is an important part of supporting the child. Please speak with the program director if you are interested in adult education programs, job training, public library services, and accessing services such as WIC/EBT, the New London Food Pantry, and Emergency Energy Assistance.

**Protocol for Emergency Situations:**

1. Emergency Phone Numbers:
  - a. Children Learning Center: 860-701-5348
  - b. Ambulance, Fire, Police: 911
  - c. Mitchell College Security: 860-701-5119 – on campus; if answering machine comes on, call right back Security 860-941-9316 – off campus phone
2. Fire Drill Procedure:
  - a. Remain calm and in control.
  - b. Staff need to get the children out of the building as soon as possible and call the New London Fire Department 911.

- c. Call Campus Security: 860-701-5119. They will assist in keeping children and staff away from the danger zone.
- d. Teachers will gather the children together at the closest outside exit.
- e. Teachers will take their field backpacks and daily attendance log. A head count will be taken to determine if all children are present. During very cold weather, staff may grab coats to be distributed to the children once they are outside the building.
- f. Teachers will lead the children inside the baseball field and have children line up against the fence. A second head count will be taken.
- g. The Director will close all windows and doors, and check the building for any children not present at the initial head count.
- h. The Director will join the children and staff at the baseball field. All will wait and keep the children calm until the building is reported safe for occupancy.

3. Medical Emergency Procedure:

- a. Have one person assess the situation and administer first aid.
- b. The staff member that witnessed the accident will call 911 and Campus Security at 860-701-5119. If the child must be taken to the hospital by ambulance, his/her emergency contact information must be taken to the hospital by the staff member accompanying them.
- c. Emergency services will be provided at:  
Lawrence and Memorial Hospital, 365 Montauk Ave., New London  
442-0711
- d. A staff member will call the child's parent and describe the incident and the plan of action.
- e. If the parent cannot be reached, call the emergency person listed on the child's emergency form.
- f. If a staff member is to accompany the child in the ambulance, another staff member will call for a substitute to take their place to maintain the required supervision. A substitute list is available near the phone.
- g. An accident report must be filled out as soon as possible by the staff member who witnessed the accident. This form must be signed by the parent. A separate log of accident reports is kept in the office.

Note: Call Campus Safety (860-701-5119) if assistance is needed.

4. Evacuation Procedure:

- a. In the event of an emergency where the children cannot return to the building for a period of time, they will be taken to the auditorium at the Clark Center across the street on the Mitchell College campus. Teachers will lead the children to the Clarke Center. Walk along the exit driveway to avoid potential incoming cars. Follow the sidewalk to the crosswalk area and cross Montauk Avenue to the Clarke Center.
- b. The Director and/or staff will notify all parents. The CLC cell phones should be brought to the Clark Center by staff.
- c. Follow the same procedures as those listed for a fire drill.
- d. Note: If evacuation is indicated by a state run incident at Millstone or other occurrence, staff will be notified of the precautionary transfer of students. Follow state evacuation procedures. Since

our program is located in New London, staff will transport children in their personal vehicles to Windham High School following Route 32. Staff are required to keep their gas tanks at least half full in case of such an occurrence. Additional staff on campus may support this evacuation if deemed necessary. Parents may transport their child if they arrive at the CLC before our evacuation to Windham High School begins.

5. K-I Administration Plan:

In the event of a nuclear disaster, K-I pills are kept in a locked medicine cabinet in the downstairs handicapped accessible bathroom. The Director will use class rosters to administer medication. Classroom teachers will verify the name and identity of each student. Parent permission slips have been signed and are kept with the emergency binder. If any parent has indicated that a child should not receive the K-I pill, none will be given to the child. The Director or other designated individual will post the evacuation site on the door of the Center. Campus safety will be informed.

6. Bomb Threat Procedure:

- a. Evacuate building and proceed to Clarke Center.
- b. Call Campus Safety 860-701-5119.
- c. Do not enter the building until cleared by Campus Safety or local law enforcement.

7. Lock-In Procedure

- a. In the event of a possible dangerous and/or hostile situation in our surrounding environment, the police will contact the Mitchell College Campus Safety department.
- b. Campus Safety (ext. 0459) will alert the CLC staff.
- c. All children must be brought inside the building immediately.
- d. Lock all doors.
- e. We will meet and proceed upstairs, lock the doors, and wait with the lights off. Stay clear of all windows and doors.
  1. If staff are out on the grounds with children, a plan will be determined with Campus Safety and the Director.

8. Securing the Building:

- a. Front doors are locked at all times.
- b. Family members may ring the bell for entrance.

**Child Abuse and Domestic Violence Policies:**

Child Abuse Policy:

Child safety is paramount. Therefore, policies and State of Connecticut statutes exist to ensure that child care staff understand child abuse and are prepared to assist in protecting children from abuse or neglect.

- Children’s Learning CLC staff is mandated by law to report within 12 hours reasonable suspicions of abuse or neglect to the Connecticut Department of Children and Families (CDF). A written report must be submitted to DCF within 48 hours of making an oral report.
- Staff have received training on identifying and reporting cases of abuse and neglect.
- Confidentiality will be maintained to the extent allowable under Connecticut state law.

**Domestic Violence Policy:**

The staff will try to support families who are exposed to domestic violence in a variety of ways.

- Referral information is available in the office.
- We will attempt to enforce existing restraining or protective orders. However, we will need a copy of the order for our files to assist with a protection order.
- Descriptions, photographs, and car descriptions of those ordered to stay away from the CLC or its clients will be very helpful in enforcing a protection order.
- While confidentiality is a priority, staff and campus security will be advised of court orders and/or concerns about domestic violence to provide protection to the children and parents of our Center.
- Occasionally two court orders are issued which conflict, granting each party a restraining order against the other. If this situation arises, Mitchell College Campus Security will contact the New London Police Department to assist us in determining how best to accommodate the conflicting court orders.
- In some instances, exposure to domestic violence creates such a risk for a child that staff will be mandated to report the situation to the Connecticut Department of Children and Families.

**Additional Information:**

Is there information that you would like to see included in the Parent Handbook? If so, please speak with the Director.

**Closing Statement:**

We hope that you will sense that we have created a home away from home for the children at our center. We appreciate feedback from any visitor or family member. We are pleased to elaborate on any facets of our program. Tours are available by prior arrangement to small groups of persons wishing to see quality programming for children.

Children’s Learning Center at Mitchell College  
**Parent Handbook Acknowledgement**

I, the undersigned, acknowledge that I have received a copy of the Parent Handbook for the Children’s Learning Center at Mitchell College. While I understand that the Parent Handbook is neither a contract nor a legal document, I recognize that it is my responsibility to read and understand the policies, provisions, and procedures contained in the Parent Handbook.

In addition, I understand that the contents of the Parent Handbook are subject to change. I acknowledge that the Parent Handbook will be revised in accordance with the rules or regulations of state, federal, and accrediting entities, best practices for child care service providers, or at the discretion of the Administration of Mitchell College. I recognize that any such revisions will supersede, modify, or eliminate the current contents of the Parent Handbook.

I understand the techniques used to manage child behaviors in the facility and these ideas have been discussed with me prior to enrollment. A review of these policies is available to me as needed during the period of the child's enrollment.

I acknowledge that it is my responsibility to stay informed of policy and procedure revisions to the Parent Handbook, which will be posted on the Children’s Learning Center website at [www.mitchell.edu/clc](http://www.mitchell.edu/clc). In the event I do not have internet access, I understand that I can obtain a hard copy of the updated Parent Handbook upon request to the Children’s Learning Center.

Moreover, I recognize that it is my responsibility to contact the Director for any questions I might have about the contents of the Parent Handbook now and in the future.

\_\_\_\_\_  
Guardian Name (Print)

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Date

Hard copy/Electronic copy of Parent Handbook Provided by:

\_\_\_\_\_  
Children’s Learning Center Staff Member - Signature

\_\_\_\_\_  
Child Registered in Program (1)

\_\_\_\_\_  
Child Registered in Program (2)