



## Important Health & Safety Reminders



### **Return from Winter Break: COVID-19 Testing Protocol**

Our campus community has done a fantastic job this fall of keeping positive COVID-19 cases at bay! But in this season of travel and group gatherings, it's important to stay vigilant to protect our community from infection when winter break ends.

***While home on break, please monitor your Mitchell emails regularly, as COVID-19 continues to be an evolving situation and plans can change at any time.***

### **Testing Requirements for Returning from Winter Break**

All students – **both vaccinated and unvaccinated** – will be required to test **within 48 hours prior to returning to campus** from winter break.

- Take a PCR test at a facility near your home (pharmacy, clinic, etc.) and upload your test results through the CoVerified app or to [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu). If you have not received the results by your first day back on campus, please contact Abby Weymouth, RN, at [healthservices@mitchell.edu](mailto:healthservices@mitchell.edu) to let her know that you have been tested but results are still pending.
- Locate a testing site at [hhs.gov/coronavirus/community-based-testing-sites](https://hhs.gov/coronavirus/community-based-testing-sites)
- ***Do not wait until the last minute to schedule your test!*** Please keep in mind the limited availability of tests as you near your desired testing date. Most facilities are scheduling two weeks out, so remember to keep checking and schedule a test as soon as you are able.

Watch for more information about additional on-campus surveillance testing taking place early in the semester.

## Ways to Keep Yourself and Others Safe

- **Wear face coverings properly**, covering nose, mouth and chin. Remember to **social distance** and continue to **wash hands** frequently!
- Visit [vaccines.gov](https://www.vaccines.gov). If you haven't already, **schedule a COVID-19 vaccine/booster and flu shot**. Help reduce the risk of getting and spreading both the COVID-19 and flu virus!

**Questions?** Please contact [CRTeam@mitchell.edu](mailto:CRTeam@mitchell.edu).

Have a safe and restful winter break, Mariners!

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Mitchell College | 437 Pequot Avenue, New London, CT 06320

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