



Mitchell College Health Services Student Health Form

Student Information

Student Name: _____ Birth Date: _____ Sex: _____

Address: _____

Cell Phone Number (in order to contact you ON campus): _____

Emergency Contacts

1. _____
Name Relationship Telephone Number

2. _____
Name Relationship Telephone Number

Health Insurance

Students are required to have medical coverage. Without identified insurance coverage you will be automatically enrolled and billed for the College Student Health Insurance Plan. For information on the college insurance plan, or to waive coverage, please visit: www.gallagherstudent.com

| Name of Insurance Company | Member ID Number | Group Number | Policy Holder Name and DOB |
|---------------------------|------------------|--------------|----------------------------|
| | | | |
| | | | |

Student Authorization for Treatment

I, hereby authorize Mitchell College Health and Wellness Services to provide medical treatment and services as they deem appropriate. If I require services that incur a charge, I shall assume full financial responsibility. In the event of serious illness or injury, parents or guardians will be notified at the discretion of the professional staff. I understand that confidentiality may be broken if my life or that of another person is in danger. This authorization will remain in effect as long as I am a student at Mitchell College.

Student Signature Date

Signature of Parent or Guardian (for students under 18 years of age) Date

MEDICAL HISTORY Completed by STUDENT
Allergies: List and explain reaction

| | |
|---|--|
| <input type="checkbox"/> No Known Allergies | Do you carry an EpiPen? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| Food: <input type="checkbox"/> Anaphylaxis | Medications: <input type="checkbox"/> Anaphylaxis |
| Insect: <input type="checkbox"/> Anaphylaxis | Seasonal/Environmental/Other: <input type="checkbox"/> Anaphylaxis |

Medications: List Prescription and OTC medications, DOSE, and reason.**Personal Medical History: Have you ever had or been diagnosed with the following conditions? Circle all that apply.**

| | | | | | | |
|-------------------|----------------------|------------------|--------------|---------------------------|------------------|--------------------------|
| ADD/ADHD | Alcohol Abuse | Anemia | Anxiety | Asthma | Bipolar Disorder | Cancer |
| Cardiac Condition | Coagulation Disorder | Concussion | Diabetes | Depression | Eating Disorder | GI Conditions/IBS |
| GYN Conditions | Headache | Hepatitis B/C | Hypertension | HIV/AIDS | Mononucleosis | Mood Disorder |
| Seizures | Sickle Cell Disease | Thyroid Disorder | Tuberculosis | Unexpected Weight Changes | | Urinary Tract Infections |

Family Medical History: Have you ever had or been diagnosed with the following conditions? Circle all that apply.

| | | | | |
|----------------------------|-------------------|---------------------|---------------|---------------------|
| Sudden death before age 50 | Unexplained death | Heart Attack | Heart Disease | High Blood Pressure |
| Diabetes | Cancer | Asthma Lung Disease | Blood Clot | Stroke |

 Have you ever had a concussion? YES NO *If yes, how many?* _____

 Have limits ever been placed on you as to the amount and nature of physical exercise? YES NO

 Do you vape, smoke, or use tobacco? YES NO *If yes, how often?* _____

How much alcohol do you consume in one week? _____

 Have you ever received treatment for any psychiatric, mental health, disordered eating or psychological concern? YES NO

If yes, please explain: _____

 Do you need assistance finding a mental health provider close to campus? YES NO

List any additional information that Health Services should know about your physical and/or mental health, including surgical history.

Connecticut state law and the policy of Mitchell College mandate that a completed health certificate be on file.

I understand that failure to submit all required information will result in a hold on my student account. Clearance for registration, classes, and other activities is not granted until all required information is received.

Student Signature _____

Date _____

437 Pequot Avenue New London, CT 06320

Phone: 860.701.5195

Fax: 860.701.5198

Email: healthservices@mitchell.edu

| | | |
|-----------|------------|---------------|
| Last Name | First Name | Date of Birth |
|-----------|------------|---------------|

Physical Examination Completed by HEALTHCARE PROVIDER
EXAM MUST BE COMPLETED WITHIN 1 YEAR PRIOR TO ENROLLMENT.

Date of Exam:

| | | | | | |
|---------|---------|------|----------------|-------|---|
| Height: | Weight: | BMI: | Blood Pressure | Pulse | Vision 20/____ <input type="checkbox"/> Corrected |
|---------|---------|------|----------------|-------|---|

| Clinical Evaluation | Normal | Abnormal | Comments |
|--|--------|----------|---|
| General | | | |
| Integumentary | | | |
| HEENT | | | |
| Respiratory *If student requires an inhaler for asthma symptoms, please provide asthma action plan if clinically indicated. | | | <input type="checkbox"/> Asthma Action Plan |
| Cardiovascular | | | |
| Gastrointestinal | | | |
| Renal/ Urinary | | | |
| Gynecological (<i>Women Only</i>) | | | |
| Musculoskeletal | | | |
| Metabolic/ Endocrine | | | |
| Neurological | | | |
| Hematologic/Lymphatic | | | |
| Emotional/Psychological | | | |
| Other findings | | | |

 Provider Initials

| | | |
|-----------|------------|---------------|
| Last Name | First Name | Date of Birth |
|-----------|------------|---------------|

Part I: Tuberculosis (TB) Screening Questionnaire (to be completed by student or provider)

Please answer the following questions:

- 1) Have you ever had close contact with persons known or suspected to have TB disease? YES NO
- 2) Are you currently suffering from a condition or taking medication that causes you to be immunosuppressed? E.g. HIV infection, organ transplant recipient, or treated with immunosuppressive medication such as high dose steroids or TNF-alpha antagonists? YES NO
- 3) Were you born in one of the countries below? (If yes, CIRCLE the country/territories) YES NO
- 4) Have you traveled or lived for more than one month in one or more of the countries or territories listed below with a high prevalence of TB disease? (If yes, CIRCLE the countries/territories) YES NO

Afghanistan, Albania, Algeria, Angola, Anguilla, Argentina, Armenia, Azerbaijan, Bangladesh, Belarus, Belize, Benin, Bhutan, Bolivia, Bosnia and Herzegovina, Botswana, Brazil, Brunei Darussalam, Bulgaria, Burkina Faso, Burundi, Cabo Verde, Cambodia, Cameroon, Central African Republic, Chad, China, China Hong Kong SAR, China Macao SAR, Colombia, Comoros Congo, Côte d'Ivoire, D.R. of Korea, D.R. of the Congo Djibouti Dominican Republic, Ecuador, El Salvador, Equatorial Guinea, Eritrea, Eswatini, Ethiopia Fiji, French-Polynesia, Gabon, Gambia, Georgia, Ghana, Greenland, Guam, Guatemala, Guinea, Guinea-Bissau, Guyana, Haiti, Honduras, India, Indonesia, Iraq, Kazakhstan, Kenya, Kiribati, Kuwait, Kyrgyzstan, Lao D.R., Latvia, Lesotho, Liberia, Libya, Lithuania, Madagascar, Malawi, Malaysia, Maldives, Mali, Marshall Islands, Mauritania, Mexico, Micronesia (Federated States of) Mongolia, Morocco, Mozambique, Myanmar, Namibia, Nauru, Nepal, Nicaragua, Niger, Nigeria, Niue, Northern Mariana Islands, Pakistan Palau, Panama, Papua New Guinea, Paraguay, Peru, Philippines, Portugal, Qatar, Republic of Korea, Republic of Moldova, Romania, Russian Federation, Rwanda, Sao Tome and Principe Senegal, Sierra Leone, Singapore, Solomon Islands, Somalia, South Africa, South Sudan, Sri Lanka, Sudan, Suriname, Swaziland, Tajikistan, Tanzania, Thailand, Timor-Leste, Togo, Tunisia, Turkmenistan, Tuvalu, Uganda, Ukraine, Uruguay, Uzbekistan, Vanuatu, Venezuela, Vietnam, Yemen, Zambia, Zimbabwe. *Source: World Health Organization Global Health Observatory, Tuberculosis Incidence 2017. Countries with incidence rates of ≥ 20 cases per 100,000 populations. For future updates, refer to <http://www.who.int/tb/country/en/>.*

If the answer to all of the above questions is NO, no further testing or further action is required.

If the answer is YES to any of the above questions, Mitchell College requires that Part 2 of this screening be completed by a health care provider prior to enrollment.

Part II. Clinical Assessment by Healthcare Provider

Clinicians should review and verify the information in Part 1. Students answering YES to any of the questions in Part I must follow up with appropriate testing. In most cases, a Mantoux tuberculin skin test (TST) or Interferon Gamma Release Assay (IGRA) will be sufficient. An IGRA blood test is recommended if student previously received BCG immunizations.

Have you ever received the BCG Vaccine? YES NO UNKNOWN

| TB SKIN TEST (Mantoux) | TB BLOOD TEST (IGRA) | CHEST X-RAY: (Required within 6 months for positive TB skin or blood test) | TREATMENT |
|---------------------------|--|---|--|
| Date Planted: _____ | <input type="checkbox"/> Quantiferon <input type="checkbox"/> T-Spot | Date: _____ | <input type="checkbox"/> TB Infection |
| Date Read: _____ | Date: _____ | <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal | <input type="checkbox"/> Latent (inactive) |
| Induration: _____ | Result: <input type="checkbox"/> Positive <input type="checkbox"/> Negative <input type="checkbox"/> Indeterminate | X-RAY report must be attached | <input type="checkbox"/> Active TB Disease |
| | | | Treatment Completed Date: _____ |

 Provider Initials

| | | |
|------------------|-------------------|----------------------|
| Last Name | First Name | Date of Birth |
|------------------|-------------------|----------------------|

Vaccination Record Completed by HEALTHCARE PROVIDER

REQUIRED VACCINATIONS or PROOF OF IMMUNITY: PLEASE ATTACH ALL TITER RESULTS

| | | |
|---|---|--|
| Measles-Mumps-Rubella Vaccine 2 doses required or proof of positive titer | Date of Dose #1: _____ Date of Dose #2: _____ | <input type="checkbox"/> Titters attached |
| Varicella Vaccine 2 doses required or proof of positive titer or history of disease confirmed by MD | Date of Dose #1: _____ Date of Dose #2: _____ | Date of Disease: _____ MD Signature: _____ <input type="checkbox"/> Titters attached |
| Meningitis Vaccine (Serogroup A,C,Y,W135) Must be administered after age 16 and within the past 5 years prior to enrollment. *Only required if living on campus | Date of Vaccine: _____ Select Type: <input type="checkbox"/> Menactra <input type="checkbox"/> Menveo <input type="checkbox"/> Other | <input type="checkbox"/> Commuter |
| Covid-19 Vaccine 2 doses required for Pfizer or Moderna 1 dose required for Johnson & Johnson *Please attach copy of Covid Vaccine Card | Select Manufacturer: <input type="checkbox"/> Pfizer <input type="checkbox"/> Moderna <input type="checkbox"/> Johnson & Johnson <input type="checkbox"/> Other _____ | Date of Dose #1: _____ Date of Dose #2: _____ Date of Dose #3: _____ (Booster Dose NOT Required) |

RECOMMENDED VACCINES:

| | | | |
|---|---|---|--|
| Meningitis B Vaccine <input type="checkbox"/> Bexsero (2 dose series) <input type="checkbox"/> Trumenba (2 or 3 dose series) *Highly recommended for all students living on campus | Date of Dose #1: _____ Date of Dose #2: _____ Date of Dose #3: _____ | Adult Tetanus, Diphtheria, Pertussis 1 dose every 10 years (sooner if injured) <input type="checkbox"/> Td <input type="checkbox"/> Tdap | Date of Dose: _____ |
| Hepatitis B Vaccine Series of 3 doses or titer | Date of Dose #1: _____ Date of Dose #2: _____ Date of Dose #3: _____ <input type="checkbox"/> Titters attached | HPV Vaccine Series of 3 doses | Date of Dose #1: _____ Date of Dose #2: _____ Date of Dose #3: _____ |
| Hepatitis A Vaccine Series of 2 doses | Date of Dose #1: _____ Date of Dose #2: _____ | Tuberculosis Screening SEE ATTACHED FORM | |

MEDICAL EXEMPTION FORMS ARE AVAILABLE AT HEALTH SERVICES.

437 Pequot Avenue New London, CT 06320

Phone: 860.701.5195

Fax: 860.701.5198

Email: healthservices@mitchell.edu



| | | |
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Certification Completed by HEALTHCARE PROVIDER

Connecticut state law and the policy of Mitchell College mandate that a completed health certificate be on file. Failure to submit all required information will result in a hold on student accounts. All information will remain confidential in accordance with HIPAA laws.

Is this student cleared for full physical activity and able to meet the physical and emotional demands of college life? ***If NO, please attach letter explaining reason and recommendations.***

YES NO/ Limited Activity

I have reviewed the student’s tuberculosis risk assessment and performed the necessary screening as recommended by Connecticut Department of Public Health.

I have reviewed the student’s immunization records which are complete and up to date to the best of my knowledge. This includes the REQUIRED Meningococcal Serogroup A,C,Y,W135 vaccine. A medical exemption form has been completed if the required vaccinations are not clinically indicated.

I have examined the above named student and reviewed the medical history. I confirm that the information above is accurate to the best of my knowledge.

| | | |
|---|---|--------------|
| Signature of Healthcare Provider <i>(Parent or guardian CANNOT sign as the provider)</i> | Date | Phone |
| | | Fax |
| Print Name of Healthcare Provider | Address (include city and state) | |

Mandatory Student Health Checklist

- 2 Student Signatures -Authorization for treatment, Understanding of requirements
- Physical Exam within the past year- completed PE Form
- 2 Varicella Vaccines or Positive Titer
- 2 MMR Vaccines or Positive Titer
- Completed Covid Vaccine series (1 or 2 doses depending on manufacturer)
- Copy of Covid Vaccine card
- Meningitis Vaccine within 5 years if living on campus
- Submit all forms prior to enrollment via fax, email, or postal service

Forms may be submitted via fax, email, or postal service to Admissions.

Admissions@mitchell.edu Fax: 860-701-5090

Keep a copy of these forms until you are certain they have been received.

Failure to submit all required information will result in a hold on your student account.

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