



Covid Health Reminders

January 12, 2021

We can't wait to see you again, Mariners! Let's work together to make a healthy return to the spring semester.



PROTECT OUR MARINER FAMILY:

**Submit your health
symptoms daily.**

Co  erified

Start at home!

During your two-week self-quarantine prior to your return to campus, please remember to submit your health symptoms daily to the CoVerified app. This helps us to monitor the health of our campus community.



PROTECT OUR MARINER FAMILY:

Let us know if you have
tested positive.

Did you test positive for COVID-19 during Fall Session II or over winter break and have since recovered?

Let us know before your return to campus. Submit your positive result to either the CoVerified app or covidresults@mitchell.edu. Include your name and date of birth, the date of the test and the test type.

You will be retested by Mitchell College Health and Wellness 90 days after the date of your positive test and **do not need to submit an additional test result**, prior to your return. *You may **not** come to campus if 1) you are still experiencing symptoms, including fever, or 2) if it has been less than 10 days since the onset of symptoms, or 3) if it has been less than 10 days since you tested positive without symptoms.* For more information, visit <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>.



PROTECT OUR MARINER FAMILY:

Plan your pre-return test now.

When taking your SARSCOV2 Viral PCR pre-test within seven days prior to your return to campus:

Please submit your results to either the CoVerified app or covidresults@mitchell.edu. Include your name and date of birth and date of test. You must submit a negative test result prior to your return to campus.

If your result is:

Negative – You are cleared to come to campus*.

Pending– Do not come to campus until you produce a negative test result. If test results are not available at the time of a student's scheduled move-in date, a request for alternate move-in dates may be made through Thursday, January 21, at 5pm by emailing housing@mitchell.edu. Students must move in by Sunday, January 24, to be eligible to live on campus this spring.

Positive– Do not come to campus. Students cannot return to campus until: 1) 10 days after onset of symptoms or a positive test result with no symptoms, **and** 2) symptoms have subsided, **and** 3) they are fever free for 24 hours without the use of fever-reducing medications. Once students are cleared to return, they will be tested again by Mitchell Health and Wellness 90 days after the date of their positive test

***Important to note:** If your test result is negative, but you have been exposed to someone who is COVID-19 positive or you begin to exhibit symptoms before your return to campus, you must stay home and retest. Contact your advisor for further instructions.



PROTECT OUR MARINER FAMILY:

**Through on-campus
weekly testing.**

Following your return to campus, you – along with all other students, faculty and staff who are learning or working on campus – **will be tested once weekly** for the foreseeable future. Watch for more details.

Questions? Contact communications@mitchell.edu.

mitchell.edu/adjusting-our-sails

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