



## What You Need to Know Before Returning to Campus!

*January 10, 2021*

In accordance with the most current Connecticut state guidelines, please note the following **updates to self-quarantine and COVID-19 pre-testing** prior to returning to campus. All plans are subject to change.

**Questions?** Contact [communications@mitchell.edu](mailto:communications@mitchell.edu).

### Who?

**All Mitchell College and Thames at Mitchell students**

### What?

**Self-quarantine & COVID-19 pre-test requirements** for return to campus

**Resident students:** Make sure you are signed up for a [move-in time slot](#). Watch your inbox for a reminder about move-in procedures.

### How?

**Self-quarantine** – two weeks prior to the date you return to campus, self-quarantine at home

- Resident students should be self-quarantining now.
- Commuter students are not allowed on campus until the first day of in-person classes on February 8 and should base self-quarantine schedules on the date of their return to in-person class. (All classes meet remotely)

the weeks of January 25 & February 1.)

- Self-quarantining means stay home, monitor your health daily and limit activity outside of your home. If you do need to leave your home, wear a face covering, social distance, wash your hands frequently and stay connected to friends and loved ones virtually.

**COVID-19 pre-test** – take within **seven days prior** to the date you return to campus (*this is a change*).

- Pre-test at a testing facility in your area. Students must provide a **negative SARSCOV2 Viral PCR test result prior to coming to campus (see test result submission process below)**.
- Please submit your result via the CoVerified app or to the following secured mailbox: [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu).
- Beginning the week of January 18, **all** students, faculty and staff on campus will be tested weekly (*this is a change*).
- As you plan your move back to campus, please be aware of any travel advisories/requirements in effect in your home state, and:
  - Travel via private transportation if at all possible, as advised by the Connecticut Department of Public Health.
  - Adhere to the [CDC's Guidelines for Travel](#).

## Why?

### To protect our Mariner community!

Strides have been made recently with the development of COVID-19 vaccines, but distribution will take time. In the meantime, as a community we will be held accountable and must take care of each other through these important actions:

- Follow all College COVID-19 policies without exception
- Wear a mask/face covering, covering both nose and mouth, everywhere on campus. This is mandatory!
- Social distance a minimum of 6 feet
- Wash hands/use hand sanitizer frequently
- Avoid touching hands to face
- Cover your cough or sneeze – use a tissue or your elbow
- Get a flu shot

## \*How do I submit my test results before returning to campus?

- **Negative\***– please submit the result to the CoVerified app or email to the secured mailbox [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu).
- **Pending**– Do not come to campus until you produce a negative test result. If test results are not available at the time of a student's scheduled move-in date, a request for alternate move-in dates may be made through Thursday, January 21, at 5pm by emailing [housing@mitchell.edu](mailto:housing@mitchell.edu). Students must move in by Sunday, January 24, to be eligible to live on campus this spring.
- **Positive**– Do not come to campus. Submit your result to the CoVerified app or email to the secured mailbox [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu) and contact your advisor. Students cannot return to campus until after their

symptoms have subsided and they receive a negative test result.

\*If your test result is negative, **but you have been exposed to someone who is COVID-19 positive or you begin to exhibit symptoms before your return** to campus, you must stay home and retest. Contact your advisor for further instructions.

## [mitchell.edu/adjusting-our-sails](https://mitchell.edu/adjusting-our-sails)

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