



## COVID-19 Testing – Fall 2020 Reopen **UPDATED 8/24/20**

Find additional information about Fall 2020 Reopen at [mitchell.edu/adjusting-our-sails](http://mitchell.edu/adjusting-our-sails).

**Help protect your Mitchell community** – your roommate, suitemate, professors and staff – **before** you arrive back at school!

As a reminder, **all students (both resident and commuter) should self-quarantine at home for two weeks prior to arrival on campus.** Your self-quarantine at home helps prevent the spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.

What does self-quarantine mean?

- Stay at home
- Do not travel
- Separate yourself from others
- Wash hands often
- Social distance
- Monitor your health

### **Pre-arrival testing:**

In addition to self-quarantine, **it is mandatory for students to provide a negative SARSCOV2 Viral PCR test result prior to coming to campus.** No on-campus quarantining is allowed until negative results are submitted. Please submit your negative test to the following secured mailbox: [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu).

If your test result is:

- **Negative** – please submit the result to the secured mailbox [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu)\*
- **Pending** – Do not come to campus until a negative test result is available. If test results are not available at the time of a student's scheduled move-in date, a request for alternate move-in dates may be made through Friday, August 28, 2020 at 5:00 PM by emailing [housing@mitchell.edu](mailto:housing@mitchell.edu). Students must move in by August 31 to be eligible to live on campus this fall.
- **Positive** – Do not come to campus. Submit your result to [covidresults@mitchell.edu](mailto:covidresults@mitchell.edu) and contact your advisor. Students cannot return to campus until after their symptoms have subsided and they receive a negative test result.

\*If your test result is negative, but you have been exposed to someone who is COVID-19 positive before your return to campus, please stay home and retest. Contact your advisor for further instructions.

## **Testing timeline:**

**For students coming from an “Affected State”** on the [Connecticut travel advisory list](#):

- Current guidance recommends that the test be taken within 72 hours prior to their first day on campus. Students are not allowed to come to campus until they are able to submit a negative test result.
- As per an executive order from Governor Lamont, upon arrival to Connecticut or shortly before or after, students from Affected States are required to fill out the [online travel form](#) and indicate they will self-quarantine for 14 days upon arrival in the state. This applies to students from Affected States living both on and off campus.
- Due to the daily status changes, please consult the following website for the latest updates: <https://portal.ct.gov/Coronavirus/travel>
- Note that parents planning to accompany their students to move in and traveling from Affected States should plan to be in the state for fewer than 24 hours to be considered “commuting.” Otherwise, parents accompanying their children from Affected States are considered “unable to quarantine.” For this situation, parents should also get a test 72 hours prior to arrival in CT and complete the online travel form. Activities while they are here should be minimized to those critical to transitioning their child to their new environment.

**How is an Affected State defined?** Pursuant to Governor Lamont's [Executive Order No. 7III](#), anyone traveling into Connecticut from a state that has a new daily positive test rate higher than 10 per 100,000 residents or a state with a 10% or higher positivity rate over a 7-day rolling average are directed to self-quarantine for a 14-day period from the time of last contact within the identified state.

**For all other resident students coming from Connecticut or other states not designated as “Affected,”** the test should be taken within fourteen (14) days prior to their first day on campus. (\*This is updated guidance from the State of Connecticut.)

**For commuter students,** testing should be within fourteen (14) days prior to the first day on campus. For many, the first day on campus may be the first day of classes. (\*This is updated guidance from the State of Connecticut.)

All students are required to report to campus having submitted their test result. If a test result is not available by the time a student starts in-person classes, the student should start classes online only.

Watch for more information about testing, as guidance may change based on state mandates.

## **Where can I get tested?**

Community Health Center locations throughout Connecticut are providing COVID-19 tests without a referral. For information on how to register for a test, visit <https://www.chc1.com/covid-19-testing/>.

Out-of-state students, please check with your local healthcare provider for information on testing in your area.

## **How can I socialize on campus?**

### **During quarantine on campus for first two weeks:**

- Masks at all times (only exception is with your family unit in one of their residential rooms)
- Socially distanced at all times (only exception is with your family unit in one of their residential rooms)
- If you want to hang out with anyone (besides your family unit), you have to do so outside with a mask and be socially distanced

### **Beginning on September 14 through end of Session I:**

- Masks at all times (only exception is with your family unit in one of their residential rooms)
- Socially distanced at all times (only exception is with your family unit in one of their residential rooms)
- If you want to hang out with anyone inside a residential hall, it must be with someone from that same hall with a mask and be socially distanced
- If you want to hang out with anyone who lives in another residential hall, you must be outside with a mask on and socially distanced

## **On-Campus Testing:**

Mitchell College will be randomly testing 5-10% of the population (faculty, staff, students) on a weekly/biweekly basis. Northeast Medical Group, provider of Mitchell Health Services, will be supervising the testing on campus.

The College has also partnered with the Broad Institute of MIT and Harvard, in Cambridge, MA, to administer test results. In addition, Co-Verified will supply a phone application to students to submit test results and symptoms, as well as provide contact tracing as necessary. Students will be required to check in with the application or via a web browser on a daily basis to report how they are feeling and whether there are any symptoms present.

If symptoms are present, the student will:

- Call Health Services during regular hours or the COVID-19 Hotline during off hours
- Stay in room and not move about campus
- Be tested for COVID-19 by Health Services at L&M Hospital in accordance with NEMG protocols
- Quarantine with roommate/suitemates in room until test results are received (meals will be delivered during this time)

If the test yields a positive result, the student will:

- Isolate at home or at the East Winds location
- Not rejoin roommate/suitemates until they have no symptoms present and receive a negative test result

### **Travel During Session I**

For the health and protection of the campus community, please stay on or close to campus during Session I of the fall semester. The College encourages you **not** to travel out of state during this time. If you do leave the state and travel to an “Affected State,” students will be required to complete the [online travel form](#); isolate at the East Winds location (residents) or at home (commuters) for 14 days upon your return; be retested for COVID-19 using current recommended testing protocols; submit a negative result prior to returning to your residence hall or to campus/classes. Remember, we are living in an unprecedented time, and it’s up to you to help keep your campus safe!