

Mitchell College Face Mask/Covering Policy

Effective July 14. 2020

At Mitchell College, we wear face masks/coverings for each other.

Faculty, staff, students, vendors and visitors are required to wear a face mask while on the college campus premises (indoors and outdoors).

The following in-building exceptions apply:

- Employees working alone in their offices
- Students in their residence hall room
- While participating in activities in which a face mask cannot be worn, or would prohibit respiratory function (like eating, drinking, playing a musical instrument or singing, playing sports)
- Individuals with a recognized disability and have an accommodation that prevents the wearing of a mask

FACE MASK BEST PRACTICES

Follow these best practice guidelines to *mask well*, because face masks are only effective if they are handled, worn and stored properly.

- **Cloth masks** should have at least two layers of fabric and should adhere to <u>CDC mask</u> <u>guidelines.</u>
- **Wear it well.** Make sure your mask fits snugly around your face, without gaps and covers from just under the bridge of your nose to under your chin.
- When you take it off...Always store your mask in a clean place or in a paper bag when it is off.
- Keep it clean! Wash and dry your cloth mask after each wearing, making sure the mask remains snug.
- **Be a good mask handler.** Wash your hands or use hand sanitizer (at least 60% alcohol) to reduce cross-contamination anytime you handle your mask.
- **The outside of the mask** should always be considered dirty, so don't touch the outside or lower it below your nose/chin.
- **Do more than mask.** Wearing a mask works best in combination with hand washing (20 seconds!), proper hand, cough and sneeze hygiene and social distancing (6 feet). And avoid touching your face.