



Office of the Presidents



Important Message from the College

March 6, 2020

Dear Mitchell College Community,

To keep our community – including Mitchell College, Thames at Mitchell College, and the Children's Learning Center at Mitchell College – up-to-date on the latest developments relating to the recent global outbreaks of COVID-19 (the disease caused by the novel coronavirus), we have created a website dedicated to providing information about the disease from trusted experts and resources to help everyone continue to be safe, comfortable and productive. Please take a few minutes to review the website at <https://mitchell.edu/coronavirus-information>.

In addition, if you are a member of the Mitchell College community (faculty/staff, students, families) who has recently traveled or plans to travel to [countries designated Level 3 or Level 2 by the Centers for Disease Control and Prevention \(CDC\)](#), or if you've been in contact with someone who has been exposed to/contracted COVID-19, please [self-report via this form](#). Information gathered from the form will help the College to work with individual faculty/staff, students and families to plan accordingly as the situation evolves.

COVID-19 is presenting world-wide health challenges, and we want you to know that the health and safety of our students and community are of utmost importance. The College is taking action to help prevent infection, as well as urging our community to also take simple but critical steps to keep yourself and others healthy and to prevent the spread of respiratory viruses, including coronavirus. Maintain good hygiene by:

- Cleaning your hands frequently with soap and warm water, or using alcohol-based (at least 60%) hand sanitizers when water is not available
- Disinfecting your cell phone frequently (follow manufacturer guidelines)
- Avoiding contact with people who are sick
- Covering your mouth and nose when you cough or sneeze with a tissue or your sleeve
- Avoiding touching your eyes, nose and mouth
- Getting adequate sleep and good nutrition

We also recommend ALL students return to campus with items to help maintain good hygiene, such as disinfectant wipes and hand sanitizer; students living in independent living residence halls should bring the above items, plus supplies for shared areas, such as toilet paper, hand soap, dishwashing soap, etc. [Please refer to the Environmental Protection Agency's \(EPA\) list of effective cleaners](#). Common brands include Lysol and Clorox.

We want to reassure you that, to date, there have been no confirmed cases of COVID-19 at Mitchell College, and there are no known cases of infection in Connecticut at this date. According to the Centers for Disease Control and Prevention, the risk of getting COVID-19 in the US is currently low.

Due to the rapidly evolving nature of the virus, we will continue to provide updates to College protocols on the website as they become available. Please stay informed and check the [website](#) regularly. Thank you for your support in keeping our campus healthy.

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